

Bike to Work Fall 2025

September 17, 2025



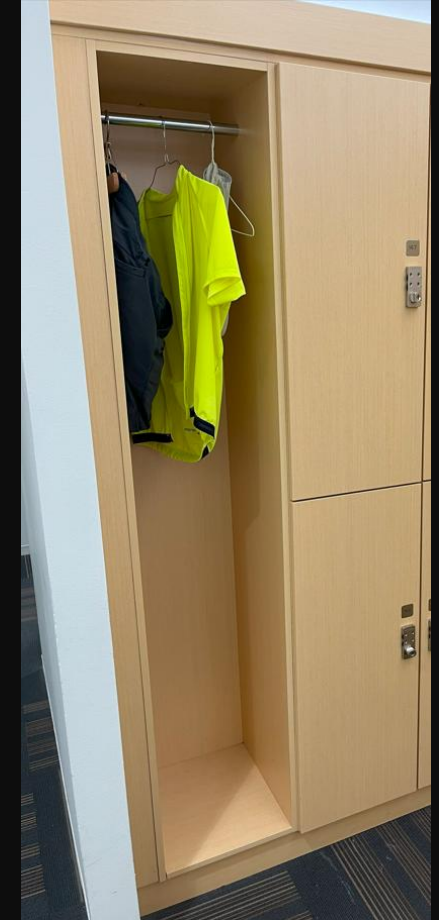
Your Paceline Today:

- Michael: Exits, Safety Moment, and Recording
- Tara Evans: Showers, Lockers, Bike Cages
- Edward Fundora: e-Biking It.
- Luke Francis (by Teams): Katy Kommute
- Michael Moberly: East Terry Hershey
- Bryan Dotson: Equipment Wrap-up and Route Map



BP Fitness Center: Bike to Work Lockers

- The lockers near the locker rooms in the Helios and WL1 fitness centers are assigned to members who bike to work.
 - Drying racks are in the locker rooms.
 - If you only plan to use the lockers and showers, you will still need to be enrolled as a member of the fitness center.
 - Contact Tara Evans (tara.evans@bp.com) for membership and a permanent locker.
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BP Fitness Center: Bike Corral Cages

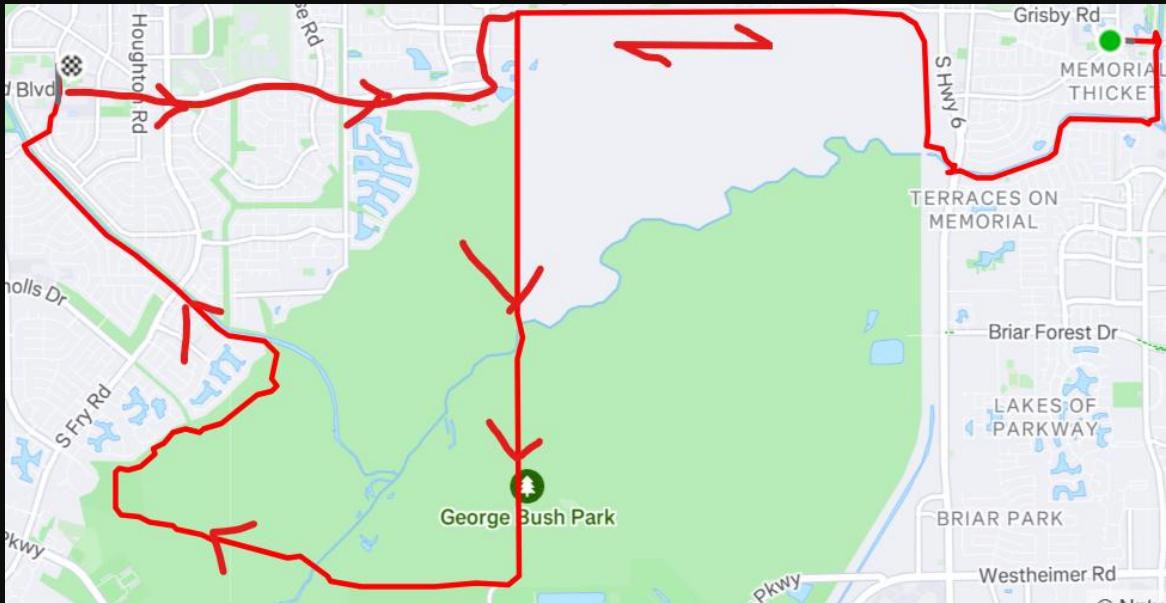
- Helios bike corral cage is in the ground level parking garage near the elevators.
 - WL1 bike corral cage is located on the 1st floor of the south parking garage close to Memorial Drive.
 - You will need to badge in and out at the corral gates.
 - For access to the bike corral gates the fitness staff will need to email the badge office.
 - If interested, please email bpfitness1@bp.com
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Edward Fundora

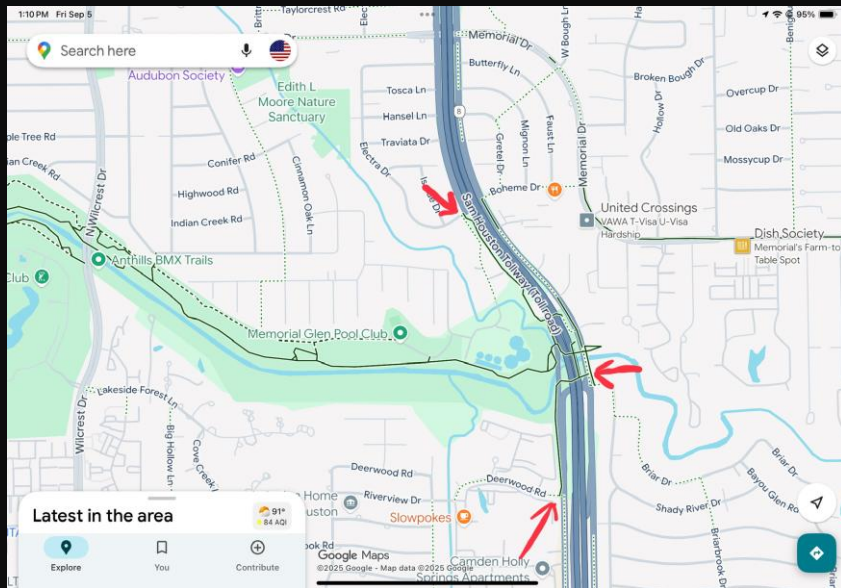


Luke Francis

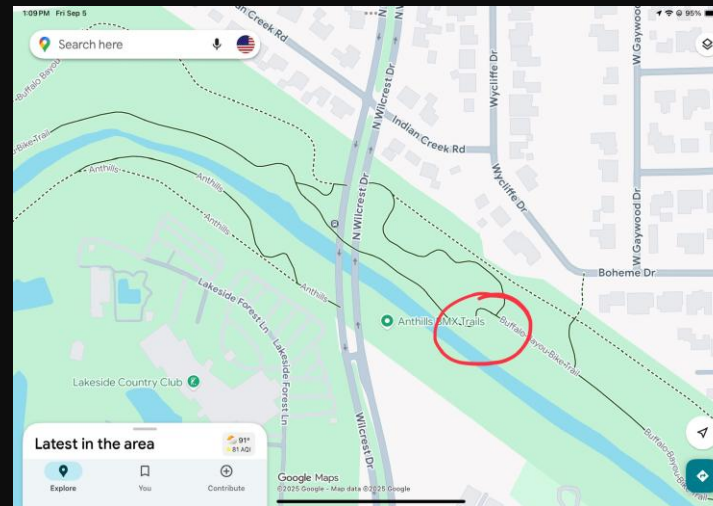


Michael Moberly

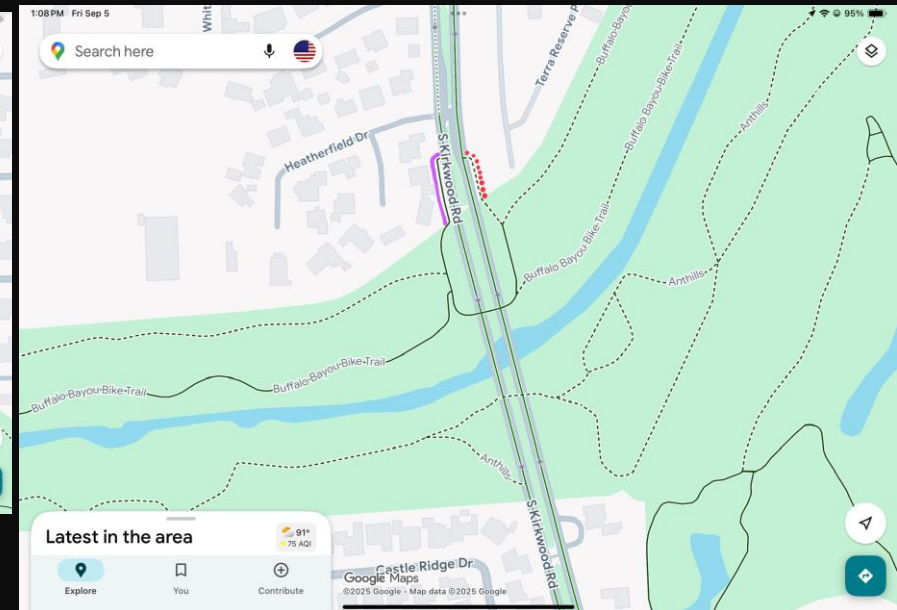
Commuting from the east using Terry Hersey Trail system.



Trail from BWY8 (access points)



Trail near Wilcrest (steep curve)

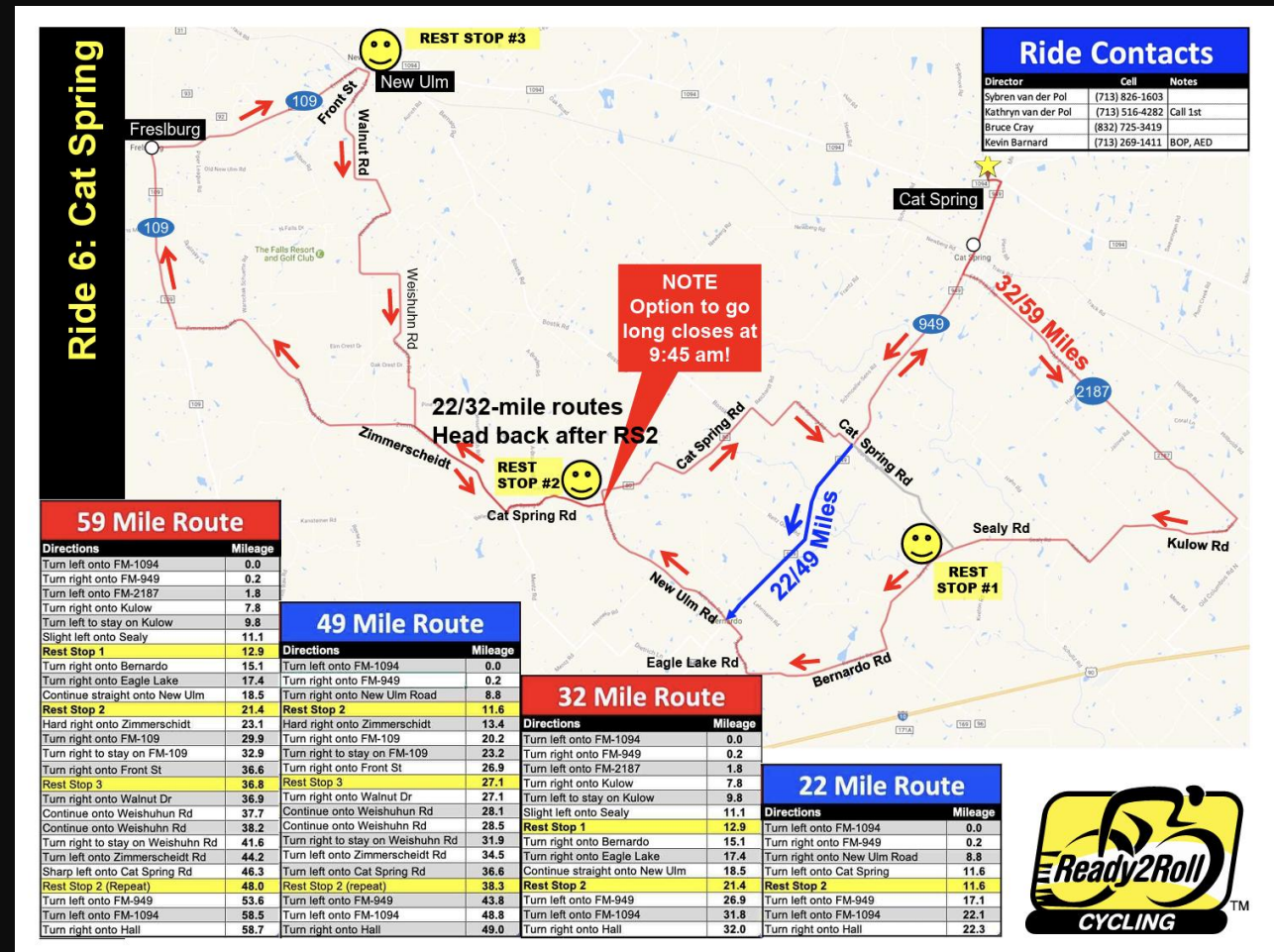


Trail from Kirkwood (narrow access)

Michael Moberly

- Ready2Roll Cycling is a fully-supported, comprehensive cycling training series to help cyclists of all levels get in shape and prepare for the ACC Bike MS: Texas MS 150 or other cycling events.
- Enrollment opens 01 October
- 12 rides - \$230 early bird special
- Enroll early for best prices and best volunteer assignments.
- More info:
 - <https://www.ready2rollcycling.com/>
 - Or talk with Michael

Bonus slide



Sample ride map

Bryan Dotson

- Fenders
 - Rack and Pannier
 - Lock
 - Low maintenance
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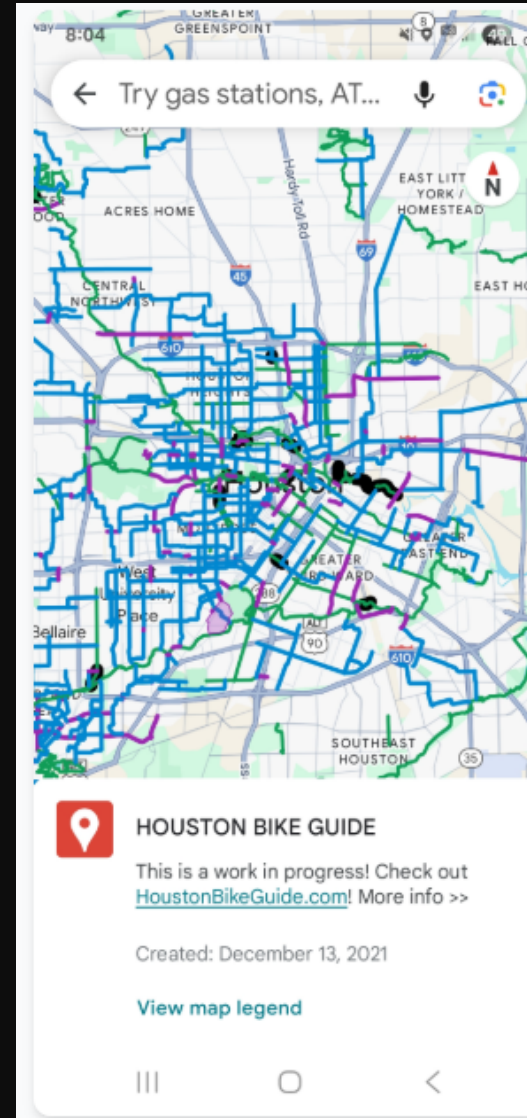
Riding Safely

- Situational Awareness
 - [LAB Learning Center](#)
 - [How not to get hit by cars](#)
 - [If you are in a crash](#)
- PPE:
 - Lights and Reflectivity
 - Helmet and Gloves
 - Bell
- Don't be in a hurry.



Bike Routes

- [Houston Bike Guide Map](#)



We maintain a Google Maps version of the Guide maps with helpful layers:

Do Not Bike Here: Streets to avoid.

Crossing Lights: Safest places to cross major roads.

Careful Crossings: Use caution where traffic is fast.

Avoid this Crossing: Dangerous crossings to skip.

Metro Connections: Extend your range with Metro.

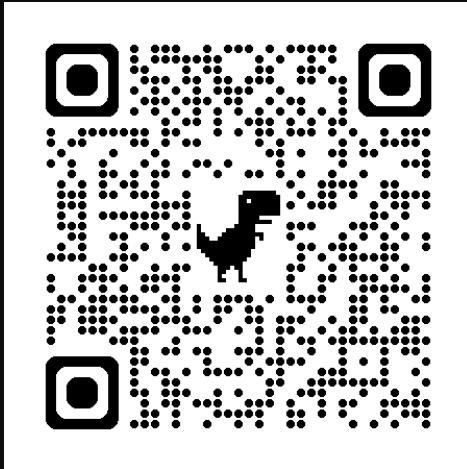
Train Crossings: Avoid areas prone to train delays.

Sidewalk Links: Connect bikeable streets with sidewalks when needed.

Click to view the Google Maps Bike Guide!

Love to Ride

- Sponsored by HGAC, free app to track miles and purpose.
- [Love to Ride App](#)



The screenshot shows the homepage of the 'Love to Ride Bike the Gulf' website. At the top, the logo 'LOVE TO RIDE BIKE THE GULF' is displayed in blue and teal. To the right of the logo are five colorful bicycles. Below the logo is a teal navigation bar with links: HOME, LEARN, SOCIAL, LEADERBOARDS, APP & MAP, and INFO. On the right side of the navigation bar is a 'LOG A RIDE' button with a plus icon and a user profile for 'Bryan'. The main content area has a dark blue background. On the left is a large yellow circle containing a red heart with a bicycle wheel pattern inside. To the right of this circle is the text 'It's back! Gear up for Biketober' followed by a paragraph about October rides and a 'FIND OUT MORE' button. On the far right is a white box for a '\$3,000 VACATION OF YOUR CHOICE' contest, with text about 'Cycle September' and a 'LOOK AT THE PRIZES HERE!' button. At the bottom is a teal bar with four numbered steps: 1. SIGN UP. IT'S FREE (with a computer icon), 2. RIDE FOR 10 MINUTES OR MORE (with a bicycle icon), 3. RECRUIT FRIENDS & CO-WORKERS (with two bicycle icons), and 4. WIN GREAT PRIZES (with a trophy icon).

Enjoy the Good Weather!

