



Holiday Fit Fest

BINGO



Gobble
Wobble 5K

Attend Jingle
Jam Spin
Class

Complete 1
Staff Workout

Complete 1
Darbee
Workout

Participate in
1 Group
Exercise Class

Recycle
Christmas
Tree

Weigh-In

Donate to
Lilly's Toy
Drive

Complete 1
Wellbeats
Class

Complete 1
Personal
Training
Session

Spend Time
with a Friend
or Family
Member

Running of
the Elves 5K

FREE

Attend Turkey
Torcher Class

Complete 3
Staff
Workouts

Complete 3
Darbee
Workouts

Participate in
3 Group
Exercise
Classes

Use Reusable
Dishes &
Utensils for
Gatherings

Complete an
InBody

Donate to
Your Local
Food Drive

Watch Past
Group Exercise
Recording

Complete 2
Personal
Training
Sessions

Do a 10-
Minute
Meditation

Complete a
SmartPath

Volunteer for
Fun Run